


VCS Alliance Support

VCS Organisation	Service description	Contact details
Useful information for Parents/Carers of Children on the Neurodevelopmental pathway		
Durham SEND Information, Advice, Support Service	Durham SEND Information, Advice, Support Service is a statutory service supporting parents/carers of children with special educational needs and disabilities (SEND) and children and young people with SEND.	For more information Advice and Support Service Tel: 0191 5873541 or 03000 26700 www.durhamsendiass.info Durham SEND Information, Advice, Support Service Durham Facebook
SENDA	SENDA A new parent led SEND advocacy service in County Durham. They are a one-stop shop for children with Special educational needs and disabilities, offering help with: DLA applications; advocacy; safeguarding support; EHCP and school appeals.	For more information email Nikki Rutter sendadurham@gmail.com Website www.SENDA.org.uk
Family Hubs SEND IASS Drop ins	New to Family Hubs ★ SENDIASS are running monthly drop in sessions for parents / carers of children and young people with special educational needs or disabilities in all of our Family Hubs They can offer advice and support if you: <ul style="list-style-type: none"> • have questions about your child's educational needs • would like more information or support in relation to SEND • need help with transfer arrangements, or paperwork, regarding the choice of your child's next education setting 	For more information visit www.durham.gov.uk/article/30159/Durham-SEND-Information-Advice-and-Support-Service-SENDIASS-drop-in-sessions

Your Autism	<p>A resource for young people with autism by young people with autism to help you through your autism journey.</p> <p>The aim of this resource is: Provide information specifically for Children and Young people. Demystifying Autism it's not all negative Children and young people can learn to support themselves and understand themselves.</p>	<p>For more information visit https://yourautism.co.uk/</p>
Durham County Local Offer	<p>Special educational needs and disabilities (SEND) - Advice and support:</p> <ul style="list-style-type: none"> • Help for families • Respite and short breaks • Support for carers • Making changes together parents forum • Support groups for Parents • Advice and Guidance <p>Useful Guides about SEND</p>	<p>For more information visit https://www.durham.gov.uk/article/3722/About-the-Local-Offer-in-County-Durham</p>
Making Changes Together Parents forum	<p>We are Durham's official parent carer forum and a group of parent carers who work with professionals to influence and improve services to children and young people (0-25 years) with special educational needs and disabilities in County Durham</p>	<p>For more information visit http://www.mctdurham.co.uk/about-us/</p>
Toby Henderson Trust The Autism Hub 10 Gordon Street South Shields' NE33 4JP	<p>Each month we have a programme of different virtual support groups which are tailored to meet the needs of parents, carers and extended family members. We often hear how beneficial these groups are to connect with others in a similar situation.</p> <p>Webinars include:</p> <ul style="list-style-type: none"> • An Introduction to Non Violent Resistance (NVR) • Sleep Problems 	<p>Make sure to have a look at our events on our website and get in touch if you would like to join us: https://www.ttth.co.uk/training-workshops-and-events/support-groups/.</p>

	<ul style="list-style-type: none"> • Using Visual Aids across the ages • Preparing for Christmas with your Autistic Child 	
NE Autism Society	Introducing the Virtual Autism Support Hub! Supported by The National Lottery Community Fund, the online hub consists of autism webinars, support groups, live sessions, telephone support and daily content to help you stay connected.	For more information visit: Virtual Autism Support Hub – Our Support is not Limited to Face-to-Face Meetings North East Autism Society (ne-as.org.uk) For more information Tel: 0191 410 9974 ext. 2024 Text support: 07825 585 313 Email: kerrie.highcock@ne-as.org.uk or Rebecca.welch@ne-as.org.uk
NE Autism Society	Visit the brand-new Family Resources website for hints, tips, and free downloads.	For more information visit: https://www.ne-as.org.uk/family-resources www.facebook.com/groups/1483035648575995/
Little Treasures	<u>Little Treasures</u> Our private support page is available 24/7 for parents/carers to seek advice, support or information from thousands of other parents in similar positions. If someone is really struggling and feels they need to chat online, they can contact one of our admins or if they need to speak directly, they can ring the mobile on our Facebook page and someone will get back to them.	For more information visit https://www.littletreasures.website/ Email: Littletreasures18@googlemail.com
Supporting Young Peoples emotional wellbeing		
Roller coaster	Rollercoaster Facebook Group: Rollercoaster Facebook Group will continue to operate and will be managed by	For more information visit Parenting Mental Health (PMH) Visit: https://www.parentingmentalhealth.org/

	<p>Parenting Mental Health (PMH). PMH is a registered charity that exists to improve the experience of parenting a child with poor mental health. PMH founder, Suzanne Alderson, is a parent with lived experience who has developed an amazing Facebook community supporting thousands of parents and carers.</p> <p>You are in safe hands with the PMH team who have lots of ideas to help provide even more support to parents and carers.</p>	Facebook Parenting Mental Health-North east England
Toolbox Childline	<p>However, you're feeling, we're here to help. Take your mind off things with games, use tools to find ways to cope or get creative and let your feelings out. It's all in your handy tool box.</p>	<p>For more information visit https://www.childline.org.uk/toolbox/</p>
Useful Training/Videos		
Solihull online courses for parents and Carers	<p>Understanding Your Child Solihull Approach</p> <p>FREE online courses will help you understand your child from pregnancy to their teenage years.</p>	<p>For more information visit Find out more at: www.inourplace.co.uk</p> <p>Enter the access code DCCHDFT to gain free access</p>
You Tube Autism Video for Children	<p>Video explaining Autism to young children</p> <p>What's up with Nick</p>	<p>To watch video click on link https://www.youtube.com/watch?v=mtRYKjucDHk</p>
You Tube Autism Video for Children	<p>Fast Facts about autism for Children</p>	<p>To watch video click on link https://www.youtube.com/watch?v=dUbsyd8Fnyw</p>
Support with Specialist Toys and equipment		

Special iApps The Old Rectory The Broadway Houghton-le-Spring DH4 4BB	<p>Educational apps specially designed to support children with special educational needs, including Autism and Down Syndrome.</p>	<p>For more information Tel: 0191 389 6638</p> <p>Email: support@specialiapps.org</p>
The Learning Library 45/47 North Street Spennymoor Co. Durham DL16 6AP	<p>The learning Library allows you to borrow specialist equipment, activity items, games, jigsaws, toys, musical instruments, and specialist sensory equipment some of which may be beyond the reach of the average family budget.</p> <p>They provide discovery boxes which contain themed items relating to particular topics and travel bags which allow members to experience different countries.</p> <p>All toys and equipment are checked and cleaned upon return to the library and all electrical equipment is PAT tested on return so that you can be assured that all items you receive are in a clean safe condition.</p> <p>Our outreach workers will visit you in your own environment to discuss their individual needs. To Join or arrange home visit call or email the learning library direct.</p> <p>Tuesdays and Wednesdays 9.00am until 4.00pm</p>	<p>Contact 01388 420267</p> <p>Email Learninglibrary@spennymoor.eclipse.co.uk</p> <p> New Member Registration Form.doc</p>