



July 2025



Newsletter

Hello

Welcome to your monthly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information & useful resources. For more careers information [click here](#) to visit the careers section on our school website.

I hope you find this issue helpful and have a great summer holiday!

Miss B Ward
Teesdale School, Careers Lead



Key Information

Free Work Experience Programmes this summer. Springpod still have places available on their summer programmes. These include; Aviation with the Civil Aviation Authority, Library Work Experience with the British Library, STEM Work Experience with Severn Trent and others. For details and sign-up see: <https://www.springpod.com/>

Virtual Work experience for aspiring Medics. Queen Victoria Hospital in East Grinstead has an excellent web page for links to virtual work experience (via Springpod) for healthcare, work experience via the NHS talent academy and also all the online Medicine virtual work experience programmes. A really useful resource! See: <https://www.qvh.nhs.uk/about-us/work-experience/virtual-work-experience/>

The Q5 Youth Panel 2025-26 - opportunity. Q5 are a Management Consultancy firm that works with businesses to help them solve a range of problems, from how they are organised to what their business strategy should be. They are recruiting for their advisory board of Sixth Form students who share their views, expectations and insight on business challenges faced by Q5 Partners and their clients. Applications are now open. For more info and deadlines see: <https://apply.workable.com/q5-partners/j/6C32A219C0/>

Work Experience programme at KPMG. Our student work experience programmes have been designed to help you learn, develop and discover more about what it's like to work at KPMG. Our programmes are a perfect opportunity for year 13 students to gain professional work experience, get an insight into our diverse teams and explore the variety of career opportunities we offer. We'll inspire you to grow through your experience with us, helping you to develop new skills, build your confidence, make new friends and broaden your professional network. You'll get a first-hand view into the projects we work on, the businesses we work with and the work we do that makes a positive difference for our clients, people and the communities we serve. Bring your unique perspective, curiosity and ambitions to our KPMG community, and we'll empower you to uncover a world of career opportunities. [Click here to get involved.](#)

Young Persons Advisory Panel: In September, we will begin recruiting for our first Youth Advisory Panel. We will be looking for people aged 16 to 25 who are a current or past MyBigCareer programme participant and who are committed to making a difference. Applications for these positions will open on 8th September, so keep an eye open for how to apply!

Summer of Law from the University of Kent. This free webinar series (4 in total) allows you to get a taste of topics you can study as part of a law degree at university. Build our understanding of legal skills and knowledge and discover their distinctive, critical approach to studying Law. For details and booking see: <https://www.kent.ac.uk/kent-law-school/summer-of-law>

The UniGuide Podcast from UniTasterDays. As well as lots of advice and details of university events, UniTasterdays also has a whole set of podcasts on a range of topics from 'studying abroad as part of a degree' to 'bursaries, scholarships and free money'. The most recent podcast is 'Make the most of uni fairs - before, during and after'. Have a look at: www.unitasterdays.com/listen-to-the-university-guide-podcast/

Immediate are offering three paid internships aimed at people whose backgrounds are often underrepresented in media. In an industry where access to opportunities isn't always equal — financial, social and other barriers can make it harder for talented people to get a foot in the door. These internships are designed for people without traditional routes in, to help open up the industry to fresh voices and perspectives. If you (or someone you know) is curious, creative and interested in entertainment, football or health, and want to get hands-on experience creating digital content for some of the UK's biggest brands — take a look at the roles below:

 <https://lnkd.in/e4kBusU9>
 <https://lnkd.in/eTNjD4cz>
 <https://lnkd.in/ehDut3ub>



North East
Learning Trust

For any help, questions, or feedback about careers - please email Bethany.ward@teesdaleschool.co.uk