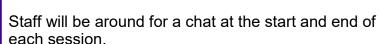




or mams, dads and carers

This series of 10 workshops will help you to:

- Get a better understanding of Autism
- Communicate with your child
- Have the information you need to understand your child's sensory needs
- Understand how your child behaves and how to manage their behaviour
- Find your way around education, including the
- Education Health Care Plan assessment and your rights
- Find out what support is available for you and your family
- Understand how you can keep your child safe, eg online safety
- Look after yourself and develop coping skills.



If you are interested in joining the course, please email cheryl.kelstrup@durham.gov.uk course tutor.









