For any help, questions or feedback about careers - please email me at Bethany.ward@teesdaleschool.co.uk

Hello

Welcome to your weekly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information and useful resources.

I hope you find this issue helpful!

Miss B Ward Teesdale School, Head of Careers

Dates for your diary

Key External events

Dates for	your clary Events in school
Date	Event
	National Apprenticeship week (NAW)
Monday 6 th February	What are apprenticeships and how to find them - lunch time drop in - S5 Y11 Sixth form options open Tarmac – from rocks to road and 'so much more' apprenticeship programme information and guidance session - 5pm - online webinar - Register here: https://nationalapprenticeshipweek.co.uk/events/tarmacapprenticeships-event/ St George's, University of London - Year 13 preparing for https://register.gotowebinar.com/register/3307096109597 532000
Tuesday 7 th February	Careers lunch time drop in vibrancy area with Careers Advisor Alternatives to University: Apprenticeships, Further Education and More - 5-6pm - Online Webinar - sign up here: https://aspire.upreach.org.uk/live-webinars/ Why start a career in the water industry? - 5pm - online webinar - Register here - https://nationalapprenticeshipweek.co.uk/events/severn-trent-event/
Wednesday 8 th February	'Skills for life' drop in workshop - S5 Careers in engineering construction — engineering a better future - 5pm - online webinar - register here - https://nationalapprenticeshipweek.co.uk/events/careers-in-engineering-construction-engineering-a-better-future/ GSK - information session about GSK apprenticeships - 4-5pm - Register here - https://www.eventbrite.co.uk/e/gsk-barnard-castle-apprenticeships-tickets-520332698107
Thursday 9 th February	Careers lunch time drop in S5 with Miss Ward NHS Theatre careers show Year 8 Year 13 Student and Parents' Revision Evening Introduction to careers in the screen industries – Tees Valley - 2pm – 5pm at The Northern Film Studios, Hartlepool (next door to The Northern School of Art, Hartlepool Campus) - https://www.eventbrite.co.uk/e/introduction-to-careers-in-the-screen-industries-tees-valley-tickets-511490992327 Let's talk apprenticeships - 5pm - online webinar - register here - https://nationalapprenticeshipweek.co.uk/events/lets-talk- apprenticeships/
Friday 10 th February	What are t-levels lunch time - drop in - S5 Start your career with a Magnox apprenticeship - 5pm - online webinar - register here - https://nationalapprenticeshipweek.co.uk/events/start-your-career-with-a-magnox-apprenticeship/

Terminology



areers resource

- https://www.nhsemployers.org/articles/showca
- https://search.jobs.barclays/apprenticeships https://www.gsk.com/en-gb/locations/united-kingdom/apprenticeships/
- https://www.civil-service-careers.gov.uk/apprenticeships/
- https://www.northvorks.gov.uk/apprenticeships

Next steps knowledge

Equality in Careers

Equality in the workplace means equal job opportunities and fairness for employees and job applicants.

You must not treat people unfairly because of reasons protected by discrimination law ('protected characteristics'). For example, because of a person's sex, age or race.

Find out more about:

- The law on discrimination and protected characteristics https://www.acas.org.uk/discrimination-and-the-law
- what you must do if you work in the public sector (the public sector equality duty) https://www.acas.org.uk/discriminationand-the-law/what-an-employer-can-do-to-prevent-

Spotlight

Skill Spotlight - Problem Solving

Problem solving is all about using logic, as well as imagination, to make sense of a situation and come up with an intelligent solution. In fact, the best problem solvers actively anticipate potential future problems and act to prevent them or to mitigate their effects.

Problem-solving abilities are connected to a number of other skills, including:

- analytical skills
- innovative and creative thinking
- a lateral mind-set
- adaptability and flexibility
- level-headedness
- initiative
- resilience (in order to reassess when your first idea doesn't work)
- team working

Job of the week

Counsellor

://nationalcareers.service.gov.uk/job-profiles/counsellor Counsellors help people discuss their problems

and feelings in a confidential setting.

Qualifications:

- You could start by doing an introduction to counselling course. This can last up to 3 months and can help to work out if counselling is the right career for you.
- After that, you can do further training and complete courses like: Level 3 Certificate in Counselling Skills, Level 4 Diploma in Counselling Skills and Theory or Level 5 Diploma in Therapeutic Counsellina
- You could do a diploma, degree or postgraduate course in counselling or psychotherapy. You might be able to study counselling alongside another subject like psychology, sociology or criminology. You should look for a course that includes practical skills training and supervised work placements. You'll usually need: 2 to 3 A levels, or equivalent, for a degree/ a degree in any subject for a postgraduate course

Working hours: 35 to 40 a week

Salary: £27,055 for a starter to £47,672 experience

