

# CAREERS

# Newsletter



28/4/2023  
Issue 28

For any help, questions or feedback about careers - please email me at [Bethany.ward@teesdaleschool.co.uk](mailto:Bethany.ward@teesdaleschool.co.uk)

## Hello

Welcome to your weekly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information and useful resources.

I hope you find this issue helpful!

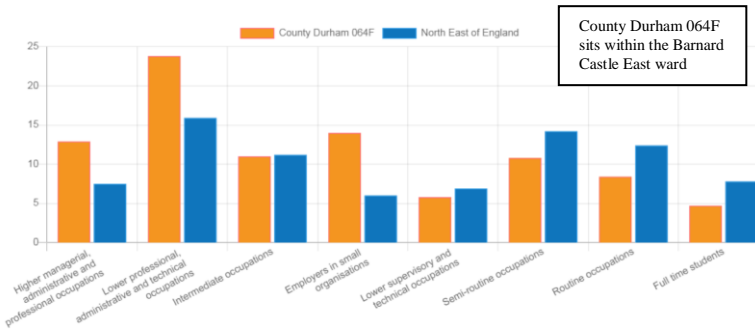
Miss B Ward  
Teesdale School, Head of Careers

## Dates for your diary

Key  
External events  
Events in school

Date	Event
Monday 1 <sup>st</sup> May	<ul style="list-style-type: none"> <li><b>BANK HOLIDAY</b></li> </ul>
Tuesday 2 <sup>nd</sup> May	<ul style="list-style-type: none"> <li><b>STRIKE DAY</b></li> <li>Media and journalism careers - 5-6pm - Online Webinar - sign up here: <a href="https://aspire.upreach.org.uk/live-webinars/">https://aspire.upreach.org.uk/live-webinars/</a></li> </ul>
Wednesday 3 <sup>rd</sup> May	<ul style="list-style-type: none"> <li>World press freedom day</li> <li>UCAS Discovery exhibition - Teesside University. More information: <a href="https://www.ucas.com/ucasdiscovery-middlesbrough-2023-exhibitor-information">https://www.ucas.com/ucasdiscovery-middlesbrough-2023-exhibitor-information</a></li> </ul>
Thursday 4 <sup>th</sup> May	<ul style="list-style-type: none"> <li>International firefighters day</li> <li>Careers Lunch Time Drop in – S5</li> </ul>
Friday 5 <sup>th</sup> May	<ul style="list-style-type: none"> <li>International day of the midwife</li> </ul>

## Labour Market Information



## Key Terminology

**Work experience** = a period of time during which a young person, usually a student, works for a company or organisation in order to get experience of a particular type of work

## Spotlight

### Parent/Carers involvement in careers

<https://www.talkingfutures.org.uk/resources/how-to-positively-influence-your-teenager/>

As a parent, it may seem like your teen will listen to anyone but you when it comes to advice about their future. But new research reveals that 75% of teenagers believe their parents are one of the biggest influencers in their life – more so than well-known influencers and celebs. In fact, three in five teenagers feel more confident about following their dream career path after speaking to their parents about future job options.

Talking Futures have worked with Dr Nihara Krause – a multi-award-winning Clinical Psychologist, specialising in teenage and adult mental health – to create top tips for parents looking to INFLUENCE their reluctant teens and engage them in more meaningful and constructive conversations around their future education and career options.

1. Act with INTENTION Prioritise what needs to be done and be ready to action what you discuss.
2. NURTURE Provide new ways to manage difficult situations.
3. FAVOUR open mindedness. Try not to shut down ideas.
4. Be open to LEARNING about new opportunities and individual interests but know that you don't need to have all the answers – it's about learning together.
5. Listen to what is being communicated and reflect UNDERSTANDING back to show you've heard.
6. Be in it together. ENGAGE and be prepared to ask tough questions when necessary.
7. Recognise your influential role. Be NOTABLE and model the behaviour you want your child to see.
8. COMMUNICATE well – speak to your child in a way that they will respond to – and at the right time. When they're receptive, show you care.
9. EMBARK on a journey to the future together, gradually giving them wings to make their own choices.

## Job of the week

### Firefighter

<https://nationalcareers.service.gov.uk/job-profiles/firefighter>

Firefighters help to protect people from fire and other dangers, and give advice on fire prevention.



### Qualifications:

- ✓ College - You could take a Level 2 or 3 Diploma in Public Services before applying to the fire service, although this is not essential. You'll usually need: 2 or more GCSEs at grades 9 to 3 (A\* to D), or equivalent, for a level 2 course/4 or 5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, for a level 3 course
- ✓ Apprenticeship - You may be able to start training on an operational firefighter advanced apprenticeship. You'll need to be employed by a fire service to do this. You could train to be a firefighter in the Royal Air Force (RAF). You'll usually need: GCSEs grades 9 to 4 (A\* to C), or equivalent, in English and maths
- ✓ Volunteering - Volunteering or working in a support role, for example emergency call handling or fire safety, will give you an idea of what the job is like, as well as access to internal vacancies.
- ✓ Direct Application - You can apply directly to join the fire service. Each one sets its own entry requirements. Many ask for GCSEs at grades 9 to 4 (A\* to C) in English and maths, or equivalent qualifications. You'll need to pass: an online test to assess your judgement ability in a realistic work setting and number and reading tests. If you're successful, you'll: do practical selection tests to find out whether you can do the physical tasks needed for the job and then be interviewed.
- ✓ Other Routes - You could prepare to apply for a job by doing a Level 2 Certificate in Fire and Rescue Services in the Community. This course is usually run by local fire services and is aimed at people who have some responsibility for fire safety, like housing wardens and fire prevention officers.

**Working hours:** 41 to 43 a week – including evenings/weekends/bank holidays on shifts

**Salary:** £24,191 Starter to £32,244 Experienced

## Careers resources

- <https://www.stem.org.uk/secondary/careers/resources/science>
- <https://www.pwc.co.uk/careers/early-careers/employability-hub.html>
- <https://uptree.co/students/>
- <https://www.youthemployment.org.uk/careers-advice-for-parents/>



North East  
Learning Trust