

# CAREERS

# Newsletter



23/6/2023  
Issue 35

## Hello

Welcome to your weekly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information and useful resources.

I hope you find this issue helpful!

Miss B Ward  
Teesdale School, Head of Careers

Key  
External events  
Events in school

## Dates for your diary

Date	Event
Wednesday 28 <sup>th</sup> June	• <a href="https://darlington.ac.uk/on-course-to-college/">Darlington College - Connect to College - Taster sessions - 5pm - Register here - https://darlington.ac.uk/on-course-to-college/</a>
Thursday 29 <sup>th</sup> June	• <a href="#">Careers lunch time drop in vibrancy area/careers room</a>

## Job of the week

### Care Worker

Care workers help vulnerable people manage their daily activities and live as independently as possible.



### Qualifications:

- ✓ College - A college course may help you when you look for work. You could take a: Level 1 Certificate in Health and Social Care/Level 2 Diploma in Care/T Level in Health. You'll usually need: 2 or fewer GCSEs at grades 3 to 1 (D to G), or equivalent, for a level 1 course/2 or more GCSEs at grades 9 to 3 (A\* to D), or equivalent, for a level 2 course/4 or 5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English and maths for a T level.
- ✓ Apprenticeship - You could become a care worker by doing an adult care worker intermediate apprenticeship or a lead adult care worker advanced apprenticeship. There are no set entry requirements but it may help you to get in if you have: some GCSEs, usually including English and maths, or equivalent, for an intermediate apprenticeship/5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English and maths, for an advanced apprenticeship.
- ✓ Volunteering - You could volunteer with an organisation that supports vulnerable people, such as a care home, charity, hospital or hospice. You can find volunteering opportunities from Do It and the National Council of Volunteering Organisations (NCVO)
- ✓ Direct Application - You could apply directly and train on the job. You'll find it useful to have experience of working with people. Some employers may expect you to have GCSEs in English and maths at grades 9 to 4 (A\* to C) or equivalent.

**Working hours:** 35 to 40 hours a week

**Salary:** Average salary (a year) £14,000 for a new starter to £25,000 for an experienced carer.

## Key Terminology



**Young Professional Training** = a free personal development programme for all 14-24 year olds in the UK. Young people register and, on successful completion of their initial training, can identify themselves as Young Professionals.

For more information:

<https://www.youthemployment.org.uk/young-professional-training/>

## Spotlight

### Skill Spotlight – Critical Thinking

For career success in law, education, research, medical, finance and many other career fields, it's important to display critical thinking skills. It's an essential facet of any profession where the goal is to deduce information objectively without bias, analyse the context, solve creative problems and come up with realistic solutions.

Here's how to improve your critical thinking skills:

1. Evaluate new information
2. Consider the source
3. Ask lots of questions
4. Follow up with research
5. Form an opinion

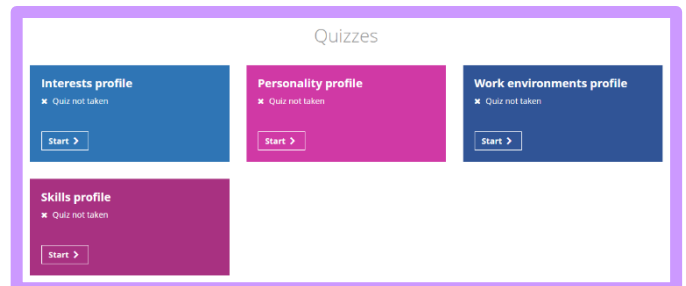
For more information:

<https://www.youtube.com/watch?v=NCbolKMqsg>

## Next Step Knowledge

### Unifrog quizzes

Using their Unifrog log in (all students have a sign up email in their school inbox if they have not made an account already), students can complete quizzes. You can find the below quizzes by scrolling down the main page after logging in.



These quizzes allow students to consider their interests, personality type, preferred work environments, and different skill levels, and how these relate to what they might want to do in the future. These results combine to give an accurate picture of potential pathways for them.

## Careers resources

- [www.opendays.com](http://www.opendays.com) – Details of university open days.
- [www.gapyear.com](http://www.gapyear.com) – Information and advice about gap years.
- [www.campamerica.co.uk](http://www.campamerica.co.uk) – Job opportunities in America – temporary and summer jobs.



North East  
Learning Trust