

For any help, questions or feedback about careers - please email me at Bethany.ward@teesdaleschool.co.uk

#### Hello

Welcome to your weekly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information and useful resources.

I hope you find this issue helpful!

Miss B Ward Teesdale School, Head of Careers

### **Dates for your diary**

<u>Key</u> External events Events in school

Date	Event	
Monday 24 <sup>th</sup> April	Shakespeare Week	
	Darlington College - On Course to College - Taster	
	sessions - 5pm - Register here -	
	https://darlington.ac.uk/on-course-to-college/	
Tuesday 25 <sup>th</sup> April	• How to get work experience over summer - 5-6pm -	
	Online Webinar - sign up here:	
	https://aspire.upreach.org.uk/live-webinars/	
Thursday 27 <sup>th</sup> April	World design day	
	<ul> <li>Careers Lunch Time Drop in – Vibrancy- Careers</li> </ul>	
	Advisor	

Event

## Job of the week

#### Art Therapist

https://www.prospects.ac.uk/job-profiles/arttherapist#:-:text=As%20an%20art%20therapist%20you,emotional%20and%20behavioural%20difficulties

Art therapists use visual art media to help people who struggle to express their feelings verbally to confront difficult, and often distressing, emotional issues.

#### Qualifications:

To practise as an art therapist in the UK you must be registered with the Health & Care Professions Council (HCPC). In order to register, you must successfully complete an HCPC



-approved postgraduate qualification in art therapy or art psychotherapy. All UK approved courses lead to a professional qualification and eligibility to apply for registration with the HCPC and membership of the British Association of Art Therapists (BAAT).

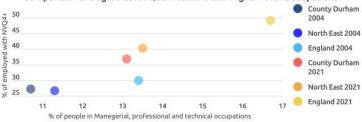
✓ You'll usually need a first degree in fine art, visual arts or art and design to get a place on a postgraduate course. However, other graduates with experience of working in health, education or social care may be accepted if they have a commitment to the practice of the visual arts and personal involvement in art making.

**Working hours:** Working hours within the NHS are mainly 9am to 5pm. If you work in private practice, your hours may be more varied to fit around your clients and can involve some weekends and evenings. Opportunities exist for part-time and portfolio working. Many art therapists are self-employed.

**Salary:** Jobs in the NHS are usually covered by the Agenda for Change (AfC) Pay Rates consisting of nine pay bands. As a newly qualified art therapist, your starting salary is likely to be £32,306 (band 6), rising up the pay scale to £39,027. Experienced NHS art therapists can earn between £40,057 and £45,839 (band 7). NHS senior and principal art therapists can earn salaries ranging from £47,126 to £53,219 (band 8a). Fees for arts therapists working on a self-employed, sessional basis are negotiated with the organisation you're undertaking the work for and will vary depending on a range of factors, including your experience. As a guide, they typically range from £50 to £70 per hour for individual sessions, plus £40 per hour for administrative activities such as note writing or attending meetings. Fees for 90 minute face-to-face group art therapy sessions typically range from £70 to £90 per hour, plus 30 minutes for setting up, clearing up and writing notes or reports charged at £40 per hour.

### Labour Market Information

Comparison of Degree Level Qualifications and Higher-level Occupations



### Key Terminology

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**Qualifications** = a pass of an examination or an official completion of a course, especially one conferring status as a recognized practitioner of a profession or activity.

# Spotlight

#### https://www.bbc.co.uk/bitesize/articles/zhsbkhv

Engineer, teacher and doctor are the jobs teenagers most want to do when they are older, according to a new survey for BBC Bitesize.

The poll of more than 4,000 13-16 year-olds asked young people what they wanted to do when they were older and as well as the three most popular choices the top 10 jobs list also includes vet, lawyer, footballer, police officer, computer scientist, nurse and architect.

- 1. Engineer
- 2. Teacher
- 3. Doctor
- 4. Veterinarian
- 5. Lawyer
- 6. Footballer
- 7. Police Officer
- 8. Computer Scientist 9. Nurse
- 10. Architect

The survey, carried out by Survation on behalf of BBC Bitesize Careers, revealed several differences between the future aspirations of boys and girls.

When broken down by gender the data showed that teacher, vet and doctor ranked as the most popular single choice for girls while engineer, footballer and computer scientist were most popular for boys. Six per cent of young people said they weren't sure or didn't know what they wanted to do.

Rank	Boys	Girls
1	Engineer	Teacher
2	Footballer	Vet
3	Computer Scientist	Doctor
4	Doctor	Lawyer
5	Police Officer	Nurse
6	Teacher	Police officer
7	Lawyer	Engineer
8	Mechanic	Hairstylist
9	YouTuber	Midwife
10	Architect	Psychologist

#### **Careers resources**

- https://www.bbc.co.uk/bitesize/articles/z326fdm
- <u>https://www.bbc.co.uk/bitesize/articles/zdqnxyc</u>
  <u>https://www.bbc.co.uk/bitesize/articles/zh9dmbk</u>

North East Learning Trust