For any help, questions or feedback about careers - please email me at Bethany.ward@teesdaleschool.co.uk

Hello

Welcome to your weekly careers newsletter, the purpose of this newsletter is to give you access to relevant careers information, labour market information and useful resources.

I hope you find this issue helpful!

Miss B Ward Teesdale School, Head of Careers

Dates for your diary

Key
External events
Events in school

Date	Event
Tuesday 14 th February	Bishop Auckland College Trip Careers lunch time drop in – Careers Advisor - Vibrancy area
Wednesday 15 th February	TCR Hub Careers Lunch Time Drop in - Vibrancy
Thursday 16 th February	 Careers lunch time drop in – Miss Ward - S5
Friday 17 th February	INSET DAY

Job of the week

Optometrist

https://nationalcareers.service.gov.uk/job-profiles/optometrist

Optometrists test vision, identify eye health problems, prescribe glasses and fit contact lenses.



Qualifications:

- ✓ You'll need to get a degree in optometry, approved by the General Optical Council (GOC). You'll usually need: 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, including english, maths and science. 3 A levels, or equivalent, including at least 1 science.
- ✓ If you're working as a dispensing optician, you could retrain in optometry. You'll need to complete an approved optometry degree and pre-registration year.

Working hours: 36 to 38 a week

Salary: £31,365 for a starter, increasing to £62,001 for experienced.

Key Terminology



<u>References</u> = References are the names and contact details of people who can attest to your skills, experiences and personality. When someone acts as your reference, they provide a letter of recommendation or their contact information so hiring managers can ask them questions about your suitability for the job.

Careers resource

- https://armazingapprenticeships.com/apprenticeships
 Games based on apprenticeships
- www.apprenticeships.gov.uk/ Lots of information about apprenticeships including a search tool for apprenticeship vacancies both nationally or locally
- Parents podcast https://amazingapprenticeships.com/the-parent-perspective-podcast/
- https://apprenticeship-hub.co.uk/16-23-apprenticeships/
 information on Apprenticeships

Labour Market Information

Priority sectors

The North East LEP, the regional economic development body has defined four areas of strategic importance:

- Digital
- Advanced manufacturing
- Health and life sciences
- Energy

These areas of strategic importance employ almost 100,000 people. They include over 7,300 businesses, about 6% more than in 2015. A further 250,000 people work in four enabling services that support the growth of the North East economy:

- Construction
- Education
- Financial, professional, and business services
- Transport and logistics

Spotlight



Employer Spotlight - Hitachi Rail

https://www.hitachirail.com/careers/

By joining Hitachi Rail, you will be welcomed into an international team of over 12,000 employees who work across 38 countries and six continents. All working to contribute to society by developing superior, original technology and products that power sustainable connectivity. Whether you are just starting out in your career or looking to grow further, they have a wide range of roles to suit you.

Next steps knowledge

National Apprenticeship Week (NAW)

The 16th annual National Apprenticeship Week took place this week and Teesdale School have been getting involved!

NAW aims to shine a light on the amazing work being done by apprentices, employers, and their training providers across the country. The annual week-long celebration of apprenticeships across England, reflects on how apprenticeships can help individuals to develop the skills and knowledge required for a rewarding career, and businesses to develop a talented workforce that is equipped with future-ready skills.

In school this week we have had apprenticeship & T-level workshops, skills for life workshops, drop in apprenticeship sessions with Caroline our Careers Advisor, CV and application writing workshops for year 10 & 11 from ASK apprenticeships, NHS Careers Theatre Show for year 8, videos from apprentices as well as information shared in form time and via school emails daily!



